

Say Boo to the Flu!

An Essential Oils Workshop!

This workshop will be led by Amy Jane Stewart, B.S., aka Organica Jane. Amy is a Nationally Certified Holistic Aromatherapist and has been studying clinical aromatherapy for the last 2 years.

Amy is passionate about raising awareness around chemical-free and non-toxic alternatives, which ultimately create positive changes in our health, home and environment.

TO REGISTER:

Checks Payable to:

Amy Jane Stewart

135 Hubbell St

Canandaigua, NY 14424

www.organicajane.com

Email: organicaaj@yahoo.com

Phone: 585-261-2648

Payment (NON REFUNDABLE) must be received in full by Fri, Nov 9.

Thank you!



During this 3-hour, hands-on workshop, we will learn the therapeutic values of 5 essential oils. These essential oils have been chosen specifically for this workshop because of their ability to boost the immune system as well as manage the symptoms of colds and flu.

You will create your own aromatic, therapeutic chest rub using these essential oils!

- Date:** Friday, November 16 from 6:30—9:30 pm
- Where:** John Hus Presbyterian Church, 47 Glenwood Avenue, Binghamton, NY
- Cost/Person:** \$35 (includes one blend) NON REFUNDABLE
- Registration:** Payment in full must be received by Fri, Nov 9
- Supplies:** All supplies will be provided

 **Organica Jane** 