

Say Boo to the Flu!

An Essential Oils Workshop!

This workshop will be led by Amy Jane Stewart, B.S., aka Organica Jane. Amy is a Nationally Certified Holistic Aromatherapist and has been studying clinical aromatherapy for the last 2 years.

Amy is passionate about raising awareness around chemical-free and non-toxic alternatives, which ultimately create positive changes in our health, home and environment.

TO REGISTER:

Checks Payable to:
(NON REFUNDABLE)
Amy Jane Stewart
must be received
no later than Sat, Nov 10

MAIL TO:

Amy Jane Stewart
135 Hubbell St
Canandaigua, NY 14424
Web: www.organicajane.com
Phone: 585-261-2648
Email: organicaaj@yahoo.com

Thank you!



During this 3-hour, hands-on workshop, we will learn the therapeutic values of 5 essential oils. These essential oils have been chosen specifically for this workshop because of their ability to boost the immune system as well as manage the symptoms of colds and flu.

You will create your own aromatic, therapeutic chest rub using these essential oils!

Date: Saturday, November 17 from 1–4 pm

Where: Healing Palace, 829 East Malloy Rd.
Mattydale, NY, 315-247-1513

Cost/Person: \$35 (includes one blend) NON REFUNDABLE

Registration: Payment in full must be received by Sat, Nov 10

Supplies: All supplies will be provided

