

ADVANCED CLINICAL AROMATHERAPY for GENITOURINARY DISORDERS

June 15 - 16, 2009

[Bristol Harbour Lodge](#), Canandaigua, New York, USA

Rhiannon Harris



Essential Oil Resource Consultants

www.essentialorc.com

Introduction

In aromatherapy practice, we frequently encounter women with functional, inflammatory or infective disorders of the genitourinary and reproductive systems. The female reproductive system is characterized by transformation and changeability, particularly on a hormonal level that demands a sensitive and adaptable treatment approach. Modern medicine has not been able to develop such a refined approach to the treatment of many reproductive disorders. Essential oils coupled with a holistic approach are often able to restore balance where orthodox methods have failed.

Whilst aromatherapy alone may have limited scope of intervention in severe disease states unless combined with other treatment approaches, this two day class is focused on pathologies that have been shown to respond to the use of essential oils.

PRE-REQUISITES:

This class is open to all Aromatherapists who have previously completed the first level of Advanced Clinical Aromatherapy with Rhiannon Harris. Comprehensive documentation is provided along with a certificate of attendance.

Key aspects of this two day class include:

Review of the main administration routes for treating genitourinary pathologies: vaginal and rectal suppositories, vaginal douches, sitz baths, external applications, oral ingestion, and inhalation.

- * Safety considerations and contraindications.
- * The role of the liver and female health.
- * Important factors for men's health.
- * Essential oils and renal function.

* Key definitions for genitourinary pathologies: emmenagogic, abortifacient, antimicrobial (specifically for pathogens of the genitourinary tract), uterine spasmolytics, uterine tonics, hormone regulating, diuretic.

* Key essential oils for the genitourinary sphere.

* An overview of aromatic treatment approaches for key genitourinary disorders including:

- Benign prostatic hyperplasia
- Dysmenorrhoea
- Endometriosis
- Fibrocystic breast disease
- Genital warts
- Herpes
- Mastitis/breast abscess
- Menopausal symptoms
- Pelvic inflammatory disease
- Premenstrual syndrome
- Prostatitis
- Urinary tract infections
- Uterine fibroids
- Vaginitis/ vulvovaginitis

TOTAL COST PER PERSON = \$350.00

- \$150.00 non-refundable deposit due by March 15, 2009
- Total Payment in full due by May 13, 2009
- Coffee / tea service will be provided
- Cost does not include lunch; lunch orders will be placed daily from the [Bristol Harbour Lodge menu](#)

TRANSPORTATION

Transportation arrangements are responsibility of student.

PAYMENTS

- Checks payable to Organica Jane, 125 Grove Drive, 10A, Canandaigua, NY 14424
- Paypal via <http://www.organicajane.com/workshops/upcomingworkshops.html>

CONTACT

Amy Jane Stewart (Organica Jane)

organicaj@yahoo.com

585-261-2648

LODGING

[Bristol Harbour Lodge \(Canandaigua, NY\)](#)

** Please note that June 2009 is considered high season so lodge may have limited availability and rates may be high*

[Lodging: Canandaigua, NY](#)

[Craig's List Vacation Rentals in Canandaigua](#)

[Finger Lakes Premier Properties \(Canandaigua Lake\)](#)